An aerial photograph of a cycling event. A large crowd of people and bicycles is lined up on a paved area. In the background, there are white tents and a building with a glass facade. The scene is brightly lit, suggesting a sunny day.

Bike The Woodlands 2018 Event Guide

**Community-wide events in May to create
a better community through bicycling**



BIKE THE WOODLANDS MONTH 2018 QUICK START

Welcome to Bike The Woodlands 2018 – The Woodlands’ own unique celebration of Bike Month! This Quick Start page will quickly have you on your way to enjoying all the bike-friendly activities throughout the month of May.

1. **Peruse the Bike Month Calendar** (Page 2). What activities are you interested in? What time of day? Which days of the week?
2. **Check out the Bike Month Map** (Page 3) to find locations convenient to you. Events are tied to each of these locations.
3. **Take a minute to peruse our sponsor list** (Page 4). Please thank them when you see them, or stop by their location to show your support!
4. **Choose your events by reading through the Event Guide** (Pages 5 through 10).
5. **Registration is required for all rides and most other events.** Visit bikethewoodlands.org where you will find a link to reserve a spot in your desired activities. We encourage you to sign up for as many events as you wish, but *please*, if you sign up, make a diligent effort to participate and don't be a no-show! There is no cost for any event during Bike Month, with the exception of a kayak rental fee for the Bike, Kayak, Bike event. Rides will usually have a five-person minimum and a maximum participant number.
6. **Waivers and helmets** are required for all rides. Waivers are signed as part of the online registration process. Don't have a helmet? Check out one of our great local bike shops to get one before the ride.
7. **Follow us on Facebook:** [bikethewoodlands](https://www.facebook.com/bikethewoodlands), **Twitter:** [@bikewoodlands](https://twitter.com/bikewoodlands), **Instagram:** [@bikethewoodlands](https://www.instagram.com/bikethewoodlands) and **visit us online** at bikethewoodlands.org.
8. **Get out, have some fun and enjoy Bike Month on your bike!**

BIKE

THE WOODLANDS



REGISTER FOR BIKE MONTH EVENTS
ONLINE: www.bikethewoodlands.org

Co-Sponsored by Bike The Woodlands
Coalition and The Woodlands Township

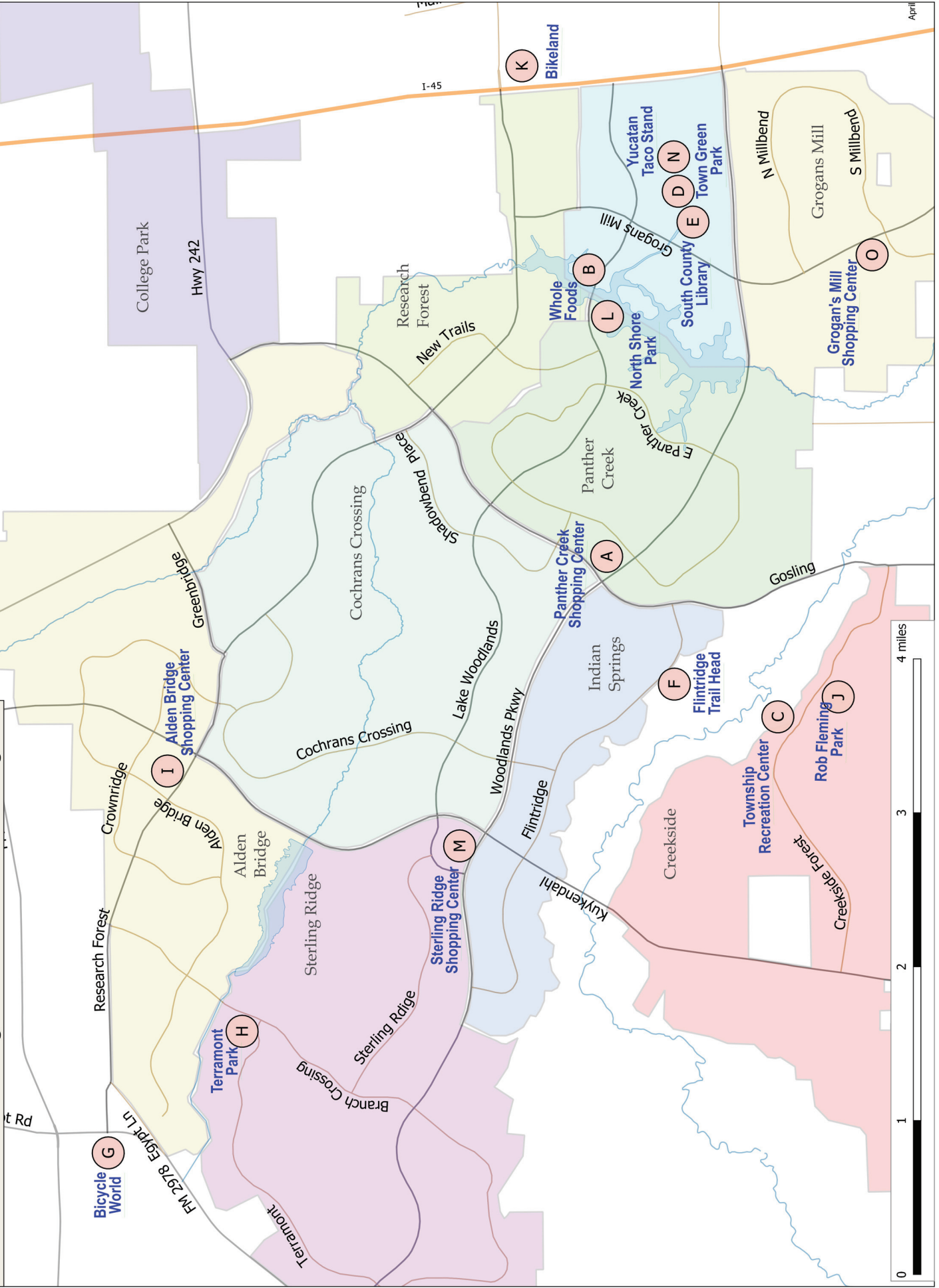
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
May 2018		1 Pathway Riders 8:30 a.m. *A	2 For Women! 6 p.m. *B 	3 TXTRI Discover the Villages 9 a.m. *A Bikeland Basic Bike Maintenance Workshop 6 p.m. *K	4 Nutrition Ride 8:30 a.m. *B	5 Kids' Bike Rodeo 8:30 a.m. *C
		RIDE CHALLENGE				
6 Bike, Kayak, Bike 9 a.m. *D Public Art Ride 2 p.m. *E	7 Bikeland Trail Ride 6 p.m. *F 	8 Pathway Riders 8:30 a.m. with Skills Class *A Bicycle World Basic Bike Maintenance Workshop 6 p.m. *G	9 Bike to School Day TXTRI/Bike Lane Bike Repair Workshop for Women 10:30 a.m. *C WCC Empowering Cyclists 6 p.m. *I	10 TXTRI Discover the Villages 9 a.m. *I Social Ride 6:30 p.m. *N	11 Scenic Trail Ride 9 a.m. *A Moonlight Ride 8 p.m. *B 	 12 GHORBA Mountain Bike Clinic & Ride 12 p.m. *H
RIDE CHALLENGE						
13 Mother's Day Ride & Tea 9 a.m. *O 	14 Women's Trail Ride 6:30 p.m. *F	15 Pathway Riders 8:30 a.m. with Bike Nutrition Workshop *A	16 WCC Ride of Silence 6 p.m. *J	17 TXTRI Discover the Villages 9 a.m. *J Bikeland Advanced Bike Maintenance Workshop 6 p.m. *K	18 Bike to Work Day 6:30 to 9 a.m. *B 	19 BIKE THE WOODLANDS DAY & BIKE SWAP MEET 9 a.m. to 1 p.m. Northshore Park *L
RIDE CHALLENGE						
20 Bikeland Going Long (50 Miles) 7:30 a.m. *B Bike Skills Clinic 10:30 a.m. *L Public Art Ride 2 p.m. *E	21 Sun and Ski Trail Ride 6 p.m. *F	22 Pathway Riders 8:30 a.m. *A Bicycle World Advanced Bike Maintenance Workshop 6 p.m. *G	23 WCC Empowering Cyclists 6 p.m. *I 	24 TXTRI Discover the Villages 9 a.m. *M 	25	26 GHORBA Women's Trail Ride 9:30 a.m. *F 
27 Sun and Ski Going Long (25 Miles) 8 a.m. *B	28 Bikeland Going Long (25 Miles) 8 a.m. *B  MEMORIAL DAY	29 Pathway Riders 8:30 a.m. with Bike Maintenance Workshop *A	30 WCC Empowering Cyclists 6 p.m. *C	31	<ul style="list-style-type: none"> Women's Rides Trail Rides Long Rides Educational/Promotional/Safety Events Kids' Events Relaxed Rides Mixed Events *Location on Map	

Helmets are mandatory for all riding events.



Bike Month Event Locations - May 2018

Starting locations for events indicated by letter
RSVP for events using link at bikethewoodlands.org



A HEARTY THANKS TO OUR GREAT BIKE MONTH SPONSORS!



BIKE THE WOODLANDS 2018 EVENT GUIDE



May is National Bike Month! This year, 30+ cycling-related activities are offered for the entire community and for cyclists of all ages and abilities. The Woodlands Township, along with community minded sponsors and Bike The Woodlands Coalition invite you, your family and friends to get out, socialize and have some fun on your bikes!

This Event Guide summarizes everything happening during Bike Month in The Woodlands to help you decide which activities you would like to participate in. A registration site will be available beginning in April. Registration is required for most events and is strongly encouraged as space is limited for activities. Details and business participation are subject to change.

Please visit bikethewoodlands.org and [facebook.com/bikethewoodlands](https://www.facebook.com/bikethewoodlands) for the latest details. Follow us on Twitter: [@bikewoodlands](https://twitter.com/bikewoodlands) and Instagram: [@bikethewoodlands](https://www.instagram.com/bikethewoodlands)!

Support from local businesses and organizations have been tremendous! We want to sincerely thank our many sponsors and supporters, which are listed on page 4 of this document.

Events in this guide are color coded as follows:

Mixed Rides and Special Events	Educational Promotional Safety Rides	Trail Rides	Easy Rides/ Beginners	Suggested Long Bike Rides ~25 miles	Women's Rides	Kids' Events
--------------------------------	--------------------------------------	-------------	-----------------------	-------------------------------------	---------------	--------------

Each event location is indicated by an asterisk that corresponds to the map on page 2. For example, *L is Northshore Park.

BIKE THE WOODLANDS DAY

Bike The Woodlands Day *L	Everyone	Saturday, May 19	9 a.m. to 1 p.m.
---------------------------	----------	------------------	------------------

Mark your calendars! The exciting culmination of Bike Month is **Bike The Woodlands Day** with something for everyone! Ride your bike, walk, or drive to beautiful Northshore Park on Saturday, May 19 from 9 a.m. to 1 p.m. Kids will have a great time with art activities, bouncy castles, and Kid's Bike Rodeo lead by Texas Children's Hospital (TCH) Enjoy some great fare from local food trucks while listening to the great live music of JB Barnett. The four bike shops in the Woodland are will all be here! Bicycle World, Bikeland, Bike Lane, and Sun and Ski! Come and meet some of the bike luminaries in this area, whether your interest is mountain bikes, tri bikes, or hybrids, or cruisers. Greater Houston Off Road Biking Association (GHORBA) will set up their Skills Course. Bring your mountain bike, challenge your skills on the course, and get some tips from the experts! Need to fix up your bike? You can buy, sell or swap bikes and bike parts at our third annual Bike Month Swap Meet. Come out and see who has won the awards for highest mileage in our Ride Challenge. We'll also host the first annual Bike Gallery. Bring your bike and we'll line it up with all the others and ask the public to vote on categories such as coolest, most colorful, best cruiser, best tri-wheel, etc.

Do you have a couple bikes sitting in the garage that are not being used? We will have a charity donation of bikes for Interfaith. Bring your no-longer-needed bikes to Northshore Park as a donation to Interfaith of

The Woodlands. They will be distributed to families in need. *Bikes are requested to be in decent working condition*, although we can perform minor adjustments on site.

In addition to the bike shops, we'll have tents for Texas Children's Hospital, Tile Roofs of Texas, the Montgomery County Sheriff's office, Woodlands Cycling Club, TXTRI Coaching, Greater Houston Off Road Biking Association (GHORBA), The Woodlands Township, and Bike the Woodlands Coalition.

Keeping with the Bike Month theme, there is no better way to celebrate Bike Month than to **ride your bike!** Consider riding together with your friends, neighbors and family to this premier cycling event in The Woodlands! No matter whether you bike, walk or drive, please join us for Bike The Woodlands Day on May 19!

BIKE TO WORK DAY

Bike to Work Day *B	Adults	Friday, May 18	6:30 to 9 a.m.
----------------------------	---------------	-----------------------	-----------------------

Do you live and work in The Woodlands or nearby communities? Perhaps you have considered riding your bike to work occasionally. Or even better, you may be one of our growing community of bike commuters in The Woodlands. This event is designed to encourage regular car commuters to try out their bikes as an option for commuting to and from work. Refreshments and information about bike commuting will be provided at Whole Foods in Hughes Landing. We will have a Sun & Ski mechanic on hand to check out your bike. Come by between 6:30 a.m. and 9 a.m. on May 18 and be a part of the North America National Bike to Work Day!

RIDES & RIDE MEETUPS

Ride Challenge	Adults	May 1 to May 13	
-----------------------	---------------	------------------------	--

As part of Bike the Woodlands Month, join the bike challenge and log your miles between April 30 to May 6 and May 7 to May 13. Within each weekly challenge period, the top 3 male and top 3 female participants will be selected based on the most miles logged. Each participant is only eligible to win once. Prizes will be awarded at Bike the Woodlands Day, May 19 at North Shore Park. For questions, email ridechallenge@bikethewoodland.org.

To sign up:

- 1) Join the Bike the Woodlands club on Strava by visiting this [sign-up link](#)
- 2) If prompted, login with your existing Strava account or create a new account
- 3) Throughout the challenge periods, log miles riding your bicycle using the Strava [Apple iOS app](#), [Google Android app](#), or [the Strava website](#)
- 4) **You must also RSVP on the Bike Month RSVP site to be eligible.** You can find the link to the RSVP site on Bikethewoodlands.org.

For Women! *B	Women	Wednesday, May 2	6 p.m.
----------------------	--------------	-------------------------	---------------

Do you have a future event in your plans – CB&I TRI or just want to learn how to feel more confident while riding? This women's event is for you! Hear tips from experienced cyclists that will make your rides safer and more comfortable. We will suggest a route of about 15 miles, which can be completed in around one hour at a suggested pace of 15-17 MPH. Meeting point will be at Whole Foods. For more information, please contact infitnia@gmail.com.

Bike, Kayak, Bike *D	Adults	Sunday, May 6	9 a.m.
-----------------------------	---------------	----------------------	---------------

Why not add some kayaking to your bike ride? Join in on a bike ride led by a TXTRI coach in combination with kayaking utilizing the Riva Row Boat House on Lake Woodlands. Riders will meet at Town Green Park at 9 a.m. We'll then do a 30-minute ride using pathways to Riva Row and kayak for an hour. Decide if you want a single kayak, tandem kayak or paddle board! Equipment rental rates for this event are as follows: Single kayak - \$10, tandem kayak - \$15 and paddle boards - \$20. It is advisable to wear something with high-visibility, and helmets are required. Registration: In addition to registering on the Bike Month web site, we encourage calling the Riva Row Boat House at 281-210-3965 to pay and mention you are a Bike, Kayak, Bike participant on May 6 to get this rate for kayaks. This will reduce wait times on the morning of the ride. **For more information, please contact infitnia@gmail.com.**

Woodlands Cycling Club (WCC) Empowering Cyclists! *I & *C	Adults	May 9, 23 and 30	6 p.m.
--	---------------	-------------------------	---------------

Relaxed Rides are intended for anyone wishing to become more at ease while riding. WCC will explain cycling etiquette, rules of the road, safety and more. Riders will be provided with a pathway and shoulder map of the Woodlands and suggested route of around 12 miles. Meet on Wednesdays, May 9 and 23 at Alden Bridge Shopping Center by the statue at 6 p.m. Meeting point on May 30 will be at the Recreation Center at Rob Fleming Park. Bring your helmet! **For more information, please contact acmeadr@comcast.net.**

Public Art Ride *E	Everyone	Sunday, May 6 and 20	2 p.m.
---------------------------	-----------------	-----------------------------	---------------

Have you ever wondered about the multitude of fabulous sculptures around The Woodlands? Hop on a bike and join a guided 11-mile bike tour to learn about wonderful public art in The Woodlands on May 6th and 20th at 2 p.m. Meet outside the South Regional Library on Lake Robbins Drive. All ages and abilities welcome! **Helmets are required. For more information, please contact ccmulraney@comcast.net.**

Social Ride *N	Adults	Thursday, May 10	6:30 p.m.
-----------------------	---------------	-------------------------	------------------

The Woodlands Bike Social is a casual bike riding group with a shared love of cycling, led by David Ward. We are not racers and are not bike snobs. We simply love to ride bikes. Visit the group's [Facebook page](#) for more details. The Social Ride group for Bike Month will meet at Yucatan Taco Stand (24 Waterway Avenue) at 6:30 p.m. for social. The ride will be around 12 miles long. **Front and rear lights are mandatory! For more information, please contact dpward2002@gmail.com.**

Scenic Ride *A	Adults	Friday, May 11	9 a.m.
-----------------------	---------------	-----------------------	---------------

Have you ever explored the inner paved trails on Panther Creek? Have you been to the Nature Trail? Join us for this relaxed, on paved trail ride to discover and enjoy nature and hidden trails. Ride will be around 10 miles. Meet at Panther Creek Shopping Center in front of Starbucks at 9 a.m. **Helmets are required even on the trails! For more information, please contact infitnia@gmail.com.**

Moonlight Ride *B	Adults	Friday, May 11	8 p.m.
--------------------------	---------------	-----------------------	---------------

Looking for a really enjoyable way to spend a Friday evening? This is it! This will be a relaxed pace ride for adults. Total distance will be around 8 miles. **Front and rear lights are mandatory!** Additional lights for decoration are welcome and encouraged. Leaving time is 8 p.m. from Whole Foods. **For more information, please contact dpward2002@gmail.com.**

Mother's Day Ride & Tea *O	Ages 14+	Sunday, May 13	9 a.m.
---------------------------------------	-----------------	-----------------------	---------------

Come and celebrate Mother's Day with a bike ride! We will ride on Pathways to the Recreation Center at Rob Fleming Park for a complimentary tea provided by The Woodlands Township. Then we'll ride our way back. **Helmets are mandatory! Participants should be 14+ years of age.** Meet at Grogan's Mill Shopping Center at 9 a.m. by Randalls. **For more information, please contact infitnia@gmail.com.**

WCC Ride of Silence *J	Everyone	Wednesday, May 16	6 p.m.
-------------------------------	-----------------	--------------------------	---------------

The Woodlands Cycling Club (WCC) will be hosting the Inaugural Ride of Silence event on Wednesday, May 16, 2018, at 6 p.m. from Rob Fleming Park by the Lake area. Onsite parking will be available. The Ride of Silence is a worldwide event held the third Wednesday in May with a mission to honor cyclists who have been injured or killed by motorists, to promote sharing the road and to provide awareness of bicycling safety. The event will start with the reading of the names of cyclists injured or killed along with a safety message. The ride will then proceed quietly following a 10-mile route through the Village of Creekside Park at a leisurely, but steady pace. All cyclists are welcome no matter their ability. **Helmets and lights mandatory! For more information, please contact meauxpam@gmail.com.**

Going Long *B	Experienced Cyclists	Various Days	Various Times
----------------------	-----------------------------	---------------------	----------------------

These events are for individuals wanting to get more comfortable with longer group rides. How to keep up with the peloton? How much to drink? Suggested routes from 25 miles or longer will be discussed after the event. These events are targeted for more experienced cyclists. **For more information, please contact infitnia@gmail.com.**

- **Bikeland Long 50** – Meet on Sunday, May 20 at Whole Foods. Wheels down at 7:30 a.m. 50-mile bike ride at +17 MPH suggested route given after.
- **Sun and Ski 25** – Meet with Sun and Ski on Sunday, May 27. Meet at Whole Foods **at 8:00 a.m.** Helmet and hydration please! Suggested 25 mile route will be given with 15 to 18 MPH.
- **Bikeland Memorial Day 25** – Join Mike on Memorial Day, Monday, May 28. Mike will discuss a suggested route of approximately 25 miles. Meet at Whole Foods at 8 a.m.

Comment [MW1]: Says 8 a.m. on the calendar and 8:30 a.m. here. Which time?

Pathway Riders *A	Women	Tuesdays	8:30 a.m.
--------------------------	--------------	-----------------	------------------

Join the Easy Riders Ladies Group for a bike ride followed by coffee and socialization every Tuesday morning in May (May 1, 8, 15, 22, and 29). There will be additional clinics after some rides – May 8: Skills Clinic; May 15: Nutrition Clinic by Sandra Sutherland, May 29: Bicycle World Bike Maintenance Workshop. Meet at 8:30 a.m. at the Panther Creek Shopping Center near Starbucks. Rides are at a relaxed pace on pathways, with a distance of 8 to 12 miles. Learn about The Woodlands pathway system and meet fellow pathway cyclists. **Helmet required. For more information, please contact ccmulraney@comcast.net**

TXTRI Discover the Villages *A *I *J & *M	Adults	Thursdays	9 a.m.
--	---------------	------------------	---------------

Are you ready to explore your neighborhood while cycling? Do you want to learn new routes or explore new villages? TXTRI with Sandra Sutherland and coaches will show you the beautiful corners of our town! Meet at 9 a.m. They will suggest routes of 10 miles. **Bring your helmet!** Please arrive by 8:50 a.m. for check-in. **For more information, please contact infitnia@gmail.com.**

- **Panther Creek *A: Thursday, May 3** – Meet at Panther Creek Shopping Center by Starbucks
- **Alden Bridge *I: Thursday, May 10** – Meet at the sculpture of Alden Bridge Shopping Center
- **Creekside *J: Thursday, May 17** – Meet at the Lodge at Rob Fleming Parking Lot
- **Sterling Ridge *M: Thursday, May 24** – Meet at Sterling Ridge Shopping Center

WORKSHOPS

Bike Maintenance Workshop *K *G & *C	Adults	May 3, 8, 9, 17 and 22	Various
---	---------------	-------------------------------	----------------

2018's Bike Maintenance Workshops will offer both basic and advanced workshops to help you get comfortable with adjustments, lubrication, tube and tire changes. Additionally, a bike repair workshop for women will be held on May 9 at the Recreation Center at Rob Fleming Park at 10:30 a.m. **For more information, please contact bikemonth@bikethewoodland.org.**

- **Bikeland *K** – Thursday, May 3 and 17 at 6 p.m.
- **Bicycle World *G** – Tuesday, May 8 and 22 at 6 p.m.
- **TXTRI/ Bike Lane Bike Repair for Women *C** – Wednesday, May 9 at the Recreation Center at Rob Fleming Park at 10:30 a.m.

Comment [ML2]: Need confirmation

Nutrition Ride *B	Adults	Friday, May 4	8:30 a.m.
--------------------------	---------------	----------------------	------------------

How much do you really need to drink while riding? Should you carry water on leisure rides? Find all these answers plus some tips for adequate nutrition while riding in Texas weather! Friday, May 4 at 8:30 a.m.

Location: Whole Foods. The ride will be 10 to 12 mph on pathways, with a distance of about 8 to 10 miles. **For more information, please contact infitnia@gmail.com.**

Bike Handling Skills Workshop *L	Adults	Sunday, May 20	10:30 a.m.
---	---------------	-----------------------	-------------------

No matter what kind of riding you do, this clinic will help you improve your skills from cornering, right pedaling stroke, avoiding imminent hazards on the road, as well as riding with groups. Taught by Sonia Carr, expert on the field. Sunday, May 20 at 10:30 a.m. Location: Northshore Park. **For more information, please contact chasesonia@yahoo.com.**

MOUNTAIN BIKE RIDES AND CLINIC

Bikeland Trail Ride *F	Adults	Monday, May 7	6 p.m.
-------------------------------	---------------	----------------------	---------------

Thinking of going off road? Would you like to get familiar with some trails? The ride begins at the Flintridge Trailhead at 6 p.m. This ride is intended for beginners who want to experience the adventure of dirt trails. Rides will be in the George Mitchell Nature Preserve area of Spring Creek. **Helmets are required to ride.** Plan on arriving by 5:45 p.m. to check-in. **For more information, please contact acmeadr@comcast.net.**

GHORBA Mountain Bike Skills Clinic *H	Everyone	Saturday, May 12	12 p.m.
--	-----------------	-------------------------	----------------

Do you have a mountain bike and wish you could gain the basic skills to ride the trails? This clinic is for you! It is perfect for any age and will feature the basic skills of off road trail riding, whether you are a beginner or someone just wanting to refresh your skills. Participants will learn basic safety, maintenance, ride balance and trail etiquette. **Trail bike, helmet, water bottle and waiver required.** The clinic will be at 12 p.m. at Terramont Park. There will be an optional trail ride after the clinic leaving from the Flintridge Trailhead. The clinic is presented by GHORBA, Greater Houston Mountain Biking Association. **For more information, please contact acmeadr@comcast.net or hortensia_ramirez@hotmail.com.**

Sun and Ski Trail Ride *F	Adults	Monday, May 21	6 p.m.
----------------------------------	---------------	-----------------------	---------------

Another opportunity to ride our wonderful George Mitchell Nature Preserve! This ride is intended for beginners who want to experience the adventure of dirt trails. **Helmets are required to ride.** Plan on arriving by 5:45 p.m. at the Flintridge Trailhead to check-in for a 6 p.m. start. **For more information, please contact acmeadr@comcast.net.**

Women's Trail Ride *F	Women	Monday, May 14	6:30 p.m.
------------------------------	--------------	-----------------------	------------------

Thinking of going off road but don't know how or where to start? Meet at the Flintridge Trailhead at 6:30 p.m. This ride is intended for women who want to experience the adventure of some of our trails. Rides will be in the George Mitchell Preserve area of Spring Creek. **Helmets are required to ride.** Please plan on showing up at 6:15 p.m. for check-in. The ride is subject to cancellation if trails are too wet. **For more information, please contact hortensia_ramirez@hotmail.com.**

GHORBA Ladies Mountain Bike *F	Women	Saturday, May 26	9:30 a.m.
---------------------------------------	--------------	-------------------------	------------------

Ladies, you are invited to join us for a fun, friendly, beginner social ride through the forests of the George Mitchell Nature Preserve. Come out and make a new friend or two and we may even go out to lunch afterward. **Trail bike, helmet, water bottle and waiver required.** 9:30 to 11:30 a.m. Meet at the Flintridge Trailhead Parking Lot on Flintridge at 9:30 a.m. Ladies only. The ride is led by [GHORBA](#), Greater Houston Mountain Biking Association. **For more information, please contact acmeadr@comcast.net.**

KIDS' EVENTS

Kid's Bike Rodeo *C	Kids	Saturday, May 5	8:30 a.m.
----------------------------	-------------	------------------------	------------------

A Kids' Bike Rodeo will be held on May 5 at the Recreation Center at Rob Fleming Park at 8:30 a.m. The purpose is to educate kids in a fun way about bicycle safety. Kids will learn how to read the signals, skills, bike helmet fitting, helmet decorating and fun activities! Snacks will be provided. Limited to 20 kids. **Helmets are mandatory. VOLUNTEERS NEEDED** to inspect and make minor adjustments to kid's bikes, helmets, etc. **For more information, please contact infitnia@gmail.com.**

Bike to School Day	Kids	Wednesday, May 9	Varied
---------------------------	-------------	-------------------------	---------------

Celebrate National Bike to School Day! Encourage children to safely ride their bikes to school. Some schools will have prizes for those who ride their bikes!